Join with Fitness Swimmers from all over the USA, Australia and England and Track your Fitness Level during February

Swim:

For Life,

For Fitness,

For Health,

For Fun,

With Friends

Track:

Your Yardage,

Your Days,

How you compare to others in your age group

For 20 years Fitness Swimmers from all over the USA have joined in and been part of the February Fitness Challenge. The Challenge is now hosted by the Tualatin Hills Barracudas, a Masters Swimming Team in Beaverton, Oregon.

2012 is your chance to be part of the 21st year of the Challenge

An Entry Blank (for postal entry) and a downloadable Interactive Excel Tracking Chart are available on the Barracuda Website: **http://www.barracudas.org/**

On line entry and tracking are available at:
http://www.eregisterexpress.com/app/ffc/3709593/

Additional information can be obtained by contacting Dave Radcliff, the Coordinator of the February Fitness Challenge.
His email is: **dave@theradcliffs.com**

www.barracudas.org/ or dave@theradcliffs.com	www.barracudas.org/ or dave@theradcliffs.com	www.barracudas.org/ or dave@theradcliffs.com	www.barracudas.org/ or dave@theradcliffs.com	www.barracudas.org/ or dave@theradcliffs.com	www.barracudas.org/ or dave@theradcliffs.com	www.barracudas.org/ or dave@theradcliffs.com	www.barracudas.org/ or dave@theradcliffs.com	www.barracudas.org/ or dave@theradcliffs.com	www.barracudas.org/ or dave@theradcliffs.com	www.barracudas.org/ or dave@theradcliffs.com	www.barracudas.org/ or dave@theradcliffs.com